



BENEFITS: Orange essential oil, derived from the outer peel of the orange fruit, contains 85-90% d-limonene, a powerful constituent for boosting mood and immunity.

INDICATIONS: Orange may be used to:

- **Enhance Focus:** Inhaling Orange essential oil can aid in concentration, improve your ability to focus, boost your brainpower and help to alleviate mental fatigue by enhancing energy and mental flexibility.
- **Boost Immunity:** The constituent D-limonene helps protect against oxidative stress which negatively affects your immune system.
- **Natural Antibacterial:** Orange essential oil contains powerful antimicrobial compounds, like terpenes, that may help prevent the proliferation of bacteria.
- **Anti-Inflammatory:** Orange essential oil possesses strong anti-inflammatory properties to help fight pain, and reduce inflammation.
- **Pain Reducer:** Inhalation of orange oil was found to “relieve pain in patients with fractured limbs” along with any kind of muscle, bone or joint pain. Orange oil may help turn off inflammatory responses that increase swelling in tissue, making it a natural remedy for bone and joint pain.
- **Mood Booster:** Orange oil possesses anxiolytic properties and has been shown to be uplifting and calming and reduce anxiety-related symptoms. Orange oil has been used as a mild tranquilizer and natural antidepressant.
- **Stimulate Energy and Creativity:** Orange essential oil has been known to help foster creativity, restore physical energy and supports a positive feelings.
- **Cleaning Aid:** Orange’s refreshing scent and invigorating, purifying and natural disinfectant properties make it a popular oil to use to clean countertops and other surfaces, especially in places like your kitchen and bathroom.
- **Stimulate Energy and Creativity:** Orange essential oil has been known to help foster creativity, restore physical energy and supports a positive feelings.



Application

HOW TO USE: You can safely use Orange essential oil by diffusing it or applying it topically. Inhalation immediately helps with focus or mood. Take care to dilute if applying on the skin and be careful not to apply before going out in the sun as Orange oil can promote photosensitivity, which increases your sensitivity to the sun.

WHEN TO USE: Use Orange whenever you need a mood or focus boost.

INGREDIENTS: Vibrant Blue Oils 100% Orange Essential Oil (Citrus sinensis) Organically Grown in USA.

PRODUCT TIPS:

- Orange oil helps with concentration and inhalation may help support concentration in those who struggle with ADD/ADHD.
- Orange is an amazing for boosting mood and energy. Apply to wrists or over heart to help lift mood.