



To order www.vibrantblueoils.com

Questions? info@vibrantblueoils.com

BLEND	BENEFITS
Anti-Inflammatory	Supports pain and inflammation.
Attention	Formulated by homeschooling parents specifically to assist with ADD and ADHD.
Brain Boost	Supports extra thinking power.
Circadian Rhythms	Supports healthy circadian rhythms and sleep patterns.
Focus	Supports mental alertness.
Histamine Balance	Helps reduce over-active histamine reactions and modulate the immune response.
Hypothalamus	Supports the hypothalamus, the control center in the brain for the endocrine system.
Parasympathetic	Triggers the optimal rest and digest healing state.

BRAIN BOOST, FOCUS and ATTENTION

Massage across brow and on temples.

HYPOTHALAMUS

Apply a very small amount of oil (gently touch the top of upright bottle) on forehead slightly above the third eye (center of eyebrows and up 1 inch)

HISTAMINE BALANCE

Apply on the bottom of the feet. For allergic reactions, apply behind ears, on the back of neck, or on your sternum.

For the gut and food intolerance support, apply in a clockwise direction around belly button.

For brain congestion, apply at base of skull.

CIRCADIAN RHYTHM

Apply to the apex of the skull on top of the head, on top of the ears and on the very back of the head.

Brain Balance oils are highly effective when inhaled

PARASYMPATHETIC

Rub on back of neck and vagal nerve (behind ear, on mastoid bone) before meals.

ANTI INFLAMMATORY

Apply to vagal nerve or massage into any inflamed area of the body.

For joint pain, apply all around the joint (top, bottom and sides).

For gut inflammation, rub clockwise around the belly button.

Most Oils are highly effective when applied on the bottom of the feet

