



vibrant  
blue oils

# Lung Support™

— SUPPORTING GRIEF —



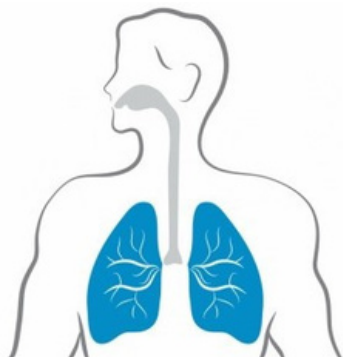
**BENEFITS:** Supports the release of emotional grief to enhance breath and life energy.

**INDICATIONS:** The lungs are sponge-like organs located near the backbone on either side of the heart. They function as a fundamental source of life energy – transporting oxygen from the atmosphere into the capillaries so they can oxygenate blood - as well as an important channel of elimination - releasing carbon dioxide from the bloodstream into the atmosphere.

Feelings of grief, bereavement, regret, loss, remorse can obstruct ability of the lungs to accept and relinquish, impeding their function of “taking in” and “letting go”. Grief that remains unresolved can become chronic and create disharmony in the lungs, weakening the lung's function of circulating oxygen around the body.

When lung function is impaired, it leads to shortness of breath, fatigue and feelings of melancholy. Sadly, many chronic respiratory diseases and conditions develop after a major loss or bereavement.

## Application



**HOW TO USE:** Apply 2- 3 drops over the lungs. Allow yourself to deeply exhale any grief as you apply the blend.

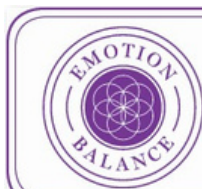
**WHEN TO USE:** To aid with the release of acute grief, apply every 20 minutes as needed. For less acute cases, apply 2- 3 times daily.

**AFFIRMATION:** *I release my grief and open myself up to joy.*

**INGREDIENTS:** Vibrant Blue Oils Emotion Balance Lung Support blend contains a proprietary formulation of Lemon, Orange, Bergamot, Mandarin, Geranium, Rose Geranium, Ylang Ylang Extra, and Rose in a base of fractionated coconut oil.

### PRODUCT TIPS:

- Rub a drop over the heart and on the bottom of each foot to relieve feelings of grief.
- Rub on areas with poor circulation to improve blood and oxygen flow.



Emotion Balance blends are designed to acknowledge and release underlying emotions that can impede healing.

rev: 42026is